

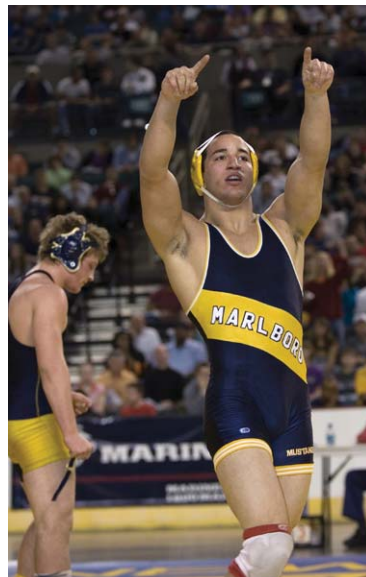
STANG WRESTLING TRAINING CAMP



S T A N G
Wrestling



TRAINING CAMP



Nick Parisi - 2005 NJ State Finalist



Charlie Frankel - 2008 NJ State Placemaker

Tear and mail to:

F.A.A.A.

PO Box 43

Wikatunk, NJ 07765

Costs: \$150.00 Early Registration - Before June 1st
\$175.00 Late Registration - After June 1st
Make Checks Payable to:
Freehold Area Athletic Association

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE #: _____ EMERGENCY PHONE #: _____

EMAIL ADDRESS: _____ AGE: _____

GRADE: _____ HEIGHT: _____ WEIGHT: _____

June 25-26, 29- July 1

10:00 AM-2:00 PM

Marlboro High School
95 North Main St.
Marlboro, NJ 07746

Contact: Will Werntz 908-910-7236

PHILOSOPHY

The purpose of this camp is to introduce and/or reinforce the 7 basic skills of wrestling: Stance, Motion, Level-Change, Penetrate, Lift, Back Arch and Back Step. Various other techniques in the areas of Neutral, Offensive, Defensive and Pinning positions will be introduced during our technique sessions. Various clinicians will demonstrate techniques in multiple styles to give a wide array of instruction and wrestling strategy.

DIRECTORS:

William Terrell

30 yrs coaching
15 yrs Team NJ Freestyle/Greco-Roman Coach
12 yrs Varsity Coach Manalapan HS
Current Marlboro High School Assistant
5x Dist. XXI Champion
3x Dist. XXI Coach of the Year
Shore Conference Hall of Fame Member
USA Wrestling Bronze Certified Coach

William Wernitz

11 yrs Coaching
7 yrs Varsity Coach Marlboro High School
3 yrs Assistant Coach Shore Regional High School
1 yrs Assistant Coach Manchester Middle School

Keith Masi

Marlboro High School
7 years Assistant Coach Marlboro High School

GUEST CLINICIANS

Wali Muhammed

Peak Wrestling

Upsala College - Mid-Atlantic Champion
1979 Eastern Freestyle Champion
Metropolitan Freestyle Champion
Two-time New Jersey Freestyle Champion
Assistant Coach at St. Benedicts Prep
Head Coach at St. Don Bosco Tech
Head Coach at Kean College from 1988-1994
Team New Jersey coaching staff since 1993



Steve Rivera

Elite Wrestling Club

NJSIAA State Champion (1987) OW
1x NCAA National Champion (1992)
4x NCAA All American (8,3,2,1)(1989-92)
NCAA Hall of Fame Inductee
Top 50 NJ Wrestlers of all time
Region VI Hall of Fame Inductee



Michael Malinconico

Rhino Wrestling Club

Former wrestler at Oklahoma State University and Syracuse University
Head Coach- Middlesex County College
NJSIAA State Finalist
USA Wrestling Bronze Certified Coach



Michael Iuliano

Marlboro Wrestling Club

3x District Champ, 3x Region Finalist
Region Champ, 3x State Qualifier
Belleville & Clifton Assistant Coach (1990-1997)
Region Champs (Belleville)
District Champs (Clifton & Belleville)
5 State Champs produced
20+ State Place-winners



GUEST CLINICIANS

Charlie Frankel

District 21 Champion, 3 time District Placewinner
Region 6 Runner-up, 2 time Region Placewinner
2 time NJSIAA State Placewinner - 7th & 3rd
100 match winner, All-Star Match Participant
Current Wrestler Delaware Valley College
Member of Team NJ Freestyle/Greco-Roman

Nick Parisi

4x District Champ, 3x Region Finalist
Region Champ, 3x State Qualifier
2x NJSIAA State Placewinner - 4th & 2nd
100 match winner, All-Star Match Participant
West Point Academy Wrestler

AGES

This camp is offered to all wrestlers entering grades 5 through 12.

COST

Pre-Registration \$150 - Before June 1st
Late Registration \$175 - After June 1st

Make Checks Payable to:

Freehold Area Athletic Association

INSURANCE

Provided by USA Wrestling

ITEMS NEEDED

- Wrestling Shoes
- 2 T-Shirts
- Shorts
- Headgear
- Lunch
- Water Bottle