CLINIC PHILOSOPHY

This clinic is designed specifically for the young wrestler who wants to improve dramatically from the top position. Leg riding, double-grapevines, crab rides, tilts, arm bars, and other pinning combinations will be stressed. The instruction will feature a system of top wrestling, rather than a “barrage of moves.” At week’s end, campers will be much more confident in their ability to ride, turn and ultimately pin their opponents.

![WrestlingGraphic[1]]()

BECOME A

 BEAST ON TOP!

GOLD MEDALIST WRESTLING CAMP

26 C Maple Lane

Brielle, NJ 08730

Tel: 732-864-6131

Fax: 732-739-0824

Email: caravella@sjvhs.com

TONY CARAVELLA’S

 GOLD MEDALIST CAMP

 **LEG WRESTLING**

 **AND**

 **TILT CLINIC**

 **![wrestling-copy[1]]()**

 **SAINT JOHN VIANNEY HS**

**HOLMDEL, NJ**

 **JUNE 24-JUNE 27, 2019**

**6:00PM-8:00 PM**

 **BRICK MEMORIAL/SJVHS**

****

***A TRADITION OF EXCELLENCE***

Brick Memorial

Head Coach

(1981-2002)

317 victories

2 #1 rankings in NJ

5 Group 3 Titles

10 Sectional Titles

13 SCT Championships

14 Division Titles

4 State Titles

4 State Champions

42 State Medalists

42 Region Champions

114 District Champions

Region 6 Hall of Fame

South Jersey Wrestling Hall of Fame

Current Assistant Coach

At SJV

(Class A Central and SCT Champions 2018)

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Birthdate:\_\_\_\_\_\_\_\_\_\_

Grade:\_\_\_\_\_\_\_\_\_(this coming year)

Health Insurance:

(Provider)

(Policy #)

Each participant of the Gold Medal Wrestling Camp will be additionally covered by a secondary insurance provider.

Years of Wrestling Experience:

T-Shirt size (Adult only, Circle One)

 S M L XL XXL

A $150 check/money order must accompany this application to ensure registration.

Please make check payable to:

Gold Medalist Wrestling Camp

26 C Maple Lane, Brielle, NJ 08730

*FOR FURTHER INFO CALL: (732) 864-6131*

DATE: JUNE 24 – JUNE 27, 2019

TIME: 6:00pm – 8:00pm

At SAINT JOHN VIANNEY HS

540 LINE ROAD, HOLMDEL, NJ

AGE: Grade 6-12 (2018-2019 school- year)

COST: $150.00

Please make check payable to:

 Gold Medal Wrestling Camp

 26 C Maple Lane

 Brielle, NJ 08730

CAMP FEATURES

* One-on-one instruction
* DVD of technique instruction will be given to each participant
* Secondary insurance provided to all participants
* Guest instructors
* Top level technique instruction

(Cross body rides and pinning combinations, double grapevine, tilts, crab ride, cradles, arm bars, halfs, leg “defense”, funk wrestling)

The instruction will feature a system of top wrestling, rather than a “barrage of moves.” At week’s end, campers will be much more confident in their ability to ride, turn and ultimately pin their opponents.